



FLU VIRUS & VACCINATION

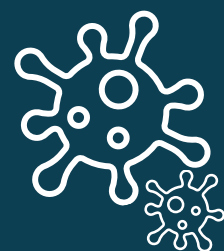
Four key pillars of knowledge about flu & the vaccine

Flu is a contagious respiratory disease that can lead to serious illness, hospitalisation or even death.



The best way to protect yourself and your loved ones against the flu is to get a flu vaccine every flu season.

Flu viruses are constantly changing, so vaccines may be updated from one season to the next to protect against the viruses that will be common during the upcoming flu season.



Many studies have shown the flu vaccine can reduce the risk of flu illness by between 40% and 60% among the overall population.

Get vaccinated this season!