INFLUENZA VACCINATIONS



Influenza is not a bad cold, it can be serious and can kill. Around 1.2 million people in NZ get the influenza vaccination each year.

Vaccination is your best protection against influenza/flu. Almost everyone will benefit from the protection of an annual flu vaccine - it helps improve your body's defense against Influenza.

On-site vaccinations are available on

See your direct manager for more info.

- Help protect yourself, your whanau and your colleagues.
- Reduce downtime, protect your productivity, and save money.
- Influenza immunisation cannot give you flu.

On-site vaccinations and vaccination vouchers are available through LifeCare. Vaccination vouchers are redeemable at over 400 pharmacies and medical centres nationwide.



Lifecare.co.nz