

Come to your **Annual Health Check!**

Health Checks

- Hearing
- Vision
- **Lung Function**
- **Blood Pressure**
- **Fatigue**

Well-being Checks

- Cholesterol
- **Blood Sugar**
- **BMI (Body Mass** Index)
- **Range of Motion**



Date:		

Venue:

For more guidance, please reach out to your Manager or H&S Team.



